



		 WINTER			 SPRING			 SUMMER			 AUTUMN		
		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Swiss Chard													
	Garlic												
Artichoke													
	Celery												
Aubergine													
	Broccoli												
Courgette													
	Pumpkin												
Cardoon													
	Onion												
Red Cabbage													
	Cauliflower												
Chicory													
	Escarole												
Asparagus													
	Spinach												
Pea													
	Green Bean												
Lettuce													
	Turnip												
Cucumber													
	Pepper												
Leak													
	Radish												
Beetroot													
	Cabbage												
Tomato													
	Carrot												